

WAM at Home Lesson 22A

What you will need:

- Device to play song (if you're not comfortable singing it yourself - I encourage you to learn the song though so you can sing it the way you want and play while singing!)
- Bible
- Bandana, cloth napkin, paper towel, paper napkin, or scarf to wave and dance with
- Something to use as a drum (actual drum, overturned bowl or bucket, box, bin, etc.)

This week's verse: Psalm 96:2

"Sing to the LORD; praise his name. Each day proclaim the good news that he saves."

Step 1 (5-10 minutes)

- Color the coloring page and/or answer the questions on the verse doodle page (older children may want to do the verse doodle page instead of the coloring page, but they're free to do either or both!)

Step 2 (5-10 minutes)

- Read Psalm 96:2 from this paper or from your Bible. Encourage older children to find Psalms and read along with you.
- Discuss the questions from the verse doodle page. Older children can share the answers they came up with or you may all discuss them together. Older children can also share their drawings and describe what they drew.

This week's questions:

1. What is something that you are grateful for today?
2. When we are grateful for something, what kinds of things do we do to show it?
3. When we read Psalm 96:2, the verse tells us exactly how we can show God that we are grateful to him. We show God our gratitude by telling others about the wonderful things that he has done and by praising his name. That means we could sing to the Lord (like it says in the verse), or dance, or shout, or any other action that is dedicated to God and shows him that we love him.

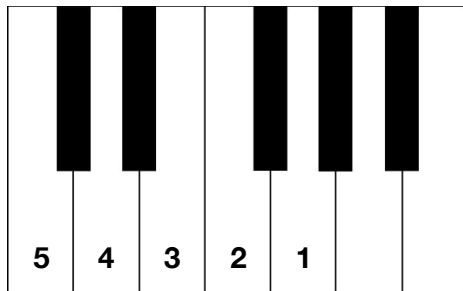
DRAW: One way that you can show God your gratitude today.

Step 3 (10-15 minutes)

- Sing through "Rise and Shine" or listen to the recording as many times as you'd like.
- Sing while dancing with your scarf. Use these motions for each part of the song:
 - "Rise and shine and give God the glory, glory..." - Wave the scarf overhead from side to side with a steady beat
 - "Rise and shine and..." start at your feet and tap the scarf in the air going higher with each word (Rise= feet, and=knees, shine=waist, and=shoulders)
 - During the break where we would normally clap, throw the scarf up in the air and shout "wheel!" then catch the scarf and resume the steady beat while singing "Give God the glory, glory, children of the Lord".

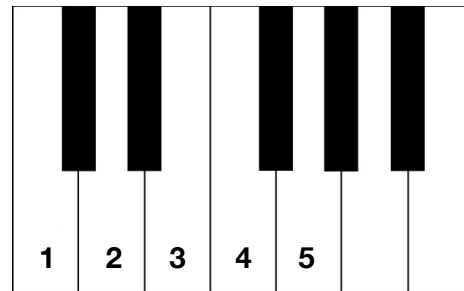
- Play on your drum with a steady beat while you sing. During the part where we lifted the scarf higher, lift your hands higher on each word then play one big beat where we would shout “wheel!” and resume the steady beat for the rest of the song.
- Find your C position on your keyboard, like this:

LEFT HAND



DO RE MI FA SOL

RIGHT HAND



DO RE MI FA SOL

- Now review your mini I and mini V7 chords in each hand, like this:

RIGHT HAND

I chord: DO, SOL, DO - mini I chord

To turn into the BIG I chord, add finger 3: DO-MI-SOL—BIG I chord

IV chord: DO, FA, DO - mini IV chord

To turn into the BIG IV CHORD, move fingers 2-5 up one white key and play with fingers 1, 3, and 5: DO-FA-LA—BIG IV chord

V7 chord: SOL, FA, SOL - mini V7 chord

To turn into the BIG V7 chord, move finger 1 to TI (the white key just after the three black keys) and add to SOL and FA: SOL-FA-TI—BIG V7 chord

LEFT HAND

I chord: DO, SOL, DO - mini I chord

To turn into the BIG I chord, add finger 3: DO-MI-SOL—BIG I chord

IV chord: DO, FA, DO - mini IV chord

To turn into the BIG IV chord, move finger 1 up to LA and play fingers 5, 2, and 1: DO-FA-LA—BIG IV chord

V7 chord: SOL, FA, SOL - mini V7 chord

To turn into the BIG V7 chord, move finger 5 to TI (the white key just after the three black keys) and add to SOL and FA: SOL-FA-TI—BIG V7 chord

*Remember that a chord is made when you play more than one key at the same time

- Now sing and play along with all three chords (BIG or mini, your choice!), like this:

I	I	IV	IV
Rise and shine, and give God the glory, glory			
I	I	IV	IV
Rise and shine, and give God the glory, glory			
I	I	I	IV
Rise and shine, and give God the glory, glory			
	I	V7	I
			I
Children of the Lord			

Step 4 (5 minutes)

- Ask for prayer requests and pray as a family for those requests